

# Youth Sports

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[Nashua Elks Crusaders](#) President:

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Elks Crusader Football is open to children age 7 to 13 that live in the Nashua High South district area.



[Nashua PAL Force](#) President:

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The Force program, sponsored by the [Nashua Police Athletic League](#), was started in 2004 to provide more opportunities for Nashua Children to play football and cheer. Going into its fifth season, the program has grown in size and has had state, regional and national championship teams. The Force is one of 27 associations that make up the [NH Youth Football & Spirit Conference](#) (NHYFSC) and belongs to the national organization - [American Youth Football/American Youth Cheer](#) (AYF/AYC). Force registration is open to Nashua children age 7 to 13 who live in the Nashua High North district area (If you live in the Nashua High South district area, visit the [Nashua Elks Crusaders](#) website)